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Vol. 8, No. 49

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INSIDE

- Bulletin Boards8
- Career Connection5
- Classifieds5, 6, 8
- Crossword7
- Cryptoquip7
- Deaths2
- Education.....3
- Home Connection.....5
- Horoscope7
- Kelly's Korner2
- Real Estate8
- Rentals8
- Reminiscing7
- Simply Sherri7
- Sports3 and 4

Antarctica makes seven!

When retired Perry Township Schools administrator Celeste Allen was about to set foot from her small expedition Zodiac onto Antarctica on Christmas Day, she paused. It was much more than just stepping onto the Earth's southernmost frozen desert – it was the realization of a lifelong dream. This would be the seventh of the seven continents of the world for Allen to visit.

"It took over 40 years, but I knew when I first traveled to Europe after college that I wanted to visit all seven of the world's continents," she said.

Allen has taken a hot air balloon over the Maasai Mara on the Serengeti in Africa, snorkeled on the Great Barrier Reef in Australia, taught an English class in Japan, walked along the Magellan Strait in Chile and researched her ancestry in Wehden, Germany.

"I've been blessed to be able to travel and have so many life-changing experiences," she said. "Once you experience first-hand people, cultures and lands different from our own, you are never the same. You gain a personal understanding and appreciation of the diversity of our world and other perspectives."

"I was glad I saved Antarctica for last. It was more beautiful than I ever could have imagined! The weather (it's summer there and the average high was around 32 degrees) and terrain were humbling, but the ice formations, penguins, seals and humpback whales were beautiful."



PHOTOS COURTESY OF CELESTE ALLEN
 Celeste Allen and husband David Swift stand on a section of floating ice off the coast of Antarctica.

Allen also visited Bangkok, Singapore and Hong Kong with her sons, Eric and Jason, worked in an orphanage in Nairobi, Kenya, and helped build a school in remote Guatemala.

"Traveling and sharing global experiences with family or friends creates a unique bond that lasts a lifetime," she said.



Gentoo penguins find the weather balmy.

Basketball a way out for a Redskin

By Al Stille
 Senior staff writer

When the state's leading boys basketball scorer leaves Emmerich Manual High School to go home, he enters a different world.

Courvoisier McCauley, 18, lives with his mom, 16-year-old sister and 4-year-old brother in one of the worst crime-riddled neighborhoods on the Eastside. Shootings, robberies, fights, drug abuse and break-ins are a way of life in his zip code.

This 6-5 senior wants no part of that sordid life.

"I want to make it out and better myself," McCauley said. "Coming from that area just wants to make you get away. That's why I stay in the gym a lot. I feel like that's my way out. When I'm in the gym nothing else means anything except making my next shot."

Basketball, he affirms, is his way out, a path to success and a way to pay back his mom.

McCauley came to Manual for his junior year after attending Shortridge. His work ethic has improved on and off the court, and he is determined to raise his grades to a 2.3 GPA in core classes.

On the court, he is working harder than ever at Cummins Gymnasium at Manual or Ransburg YMCA, where he went after practice on Martin Luther King Jr. Day. He also conditions with trainers at Ransburg and IncrediPlex on the Eastside.

His newfound work ethic is paying off.

McCauley hit a dramatic last-second 3-point shot Saturday



SOUTHSIDER VOICE PHOTO BY NATHAN PACE
 Courvoisier McCauley goes up for two against Broad Ripple in the quarterfinals of the city tournament. The Redskins won 75-58.

See "Redskin," Page 3

FAMILY BUSINESS ALBUM 2017

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By Barbie Overbeck

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Education & Sports

Little Observations

By Dr. Thomas Little
Superintendent of
Perry Township Schools

Perry Township Schools is proud to announce that it is a recipient of a \$50,000 planning grant awarded by Lilly Endowment Inc.'s Comprehensive Counseling Initiative for Indiana K-12 Students.

The program's aim is to increase significantly the number of K-12 students in Indiana public and charter schools who are emotionally healthy, realize academic success, graduate from high school, obtain valuable postsecondary credentials, certifications and degrees necessary for meaningful employment, and are prepared to compete and prosper in the global society in which they will live and work.

Perry Schools will use the award to assess its current counseling programs, identify best practices, visit promising programs and explore alternative strategies.

Our district is one of 284 public school corporations and charter schools in Indiana receiving planning grants through the initiative.

We are honored to receive the Lilly Endowment grant, which will allow us to empower students in the classroom and in many aspects of their lives. Counselors are a crucial component of school culture and student success, and this grant will enable us to invest in our counseling programs for the emotional and intellectual health of our students.

In addition to helping public and charter schools assess their current counseling programs and identify best practices in comprehensive counseling efforts, planning grants will help recipients prepare implementation grant proposals to fund their strategies to improve their counseling programs. Proposals are due to Lilly Endowment by May 19. Notification of implementation grant approvals is expected by late September.

Capable students in school become capable employees in the workforce, so effective counseling must be integrated into our teachings.



BG wrestlers end title drought

Beech Grove captured its first Indiana Crossroads Conference wrestling title since 2008 by winning six of the 11 championship matches that it competed in.

Beech Grove's champions: Juwan Joseph (106 pounds), Cody Conway (113), Ethan Smiley (132), Bailey Moore (138), Walter Ballinger (152) and Nate Sanchez (160); the runners-up were Desean Wise (120), Adam Perra (145), Ely Shockley (170), Austin Smith (182) and Isaiah Greene (220).

Harley Taylor (126) was third and Brandon Cagg fourth. Beech Grove dominated the meet and finished ahead of second-place Monrovia, 269-229.5. Lutheran was seventh in the eight-team meet.

CHOIR PERFORMS FREE CONCERT



Rebel Rhapsody, Roncalli's show choir, will kick off its competition season at 7:30 p.m. Tuesday, Jan. 31, with a free preview performance at the school auditorium, 3300 Prague Road.

Redskin (Continued from Page 1)



McCauley and Manual coach Donnie Bowling pause in front of a display honoring former Redskin stars Tom and Dick VanArsdale in the lobby of Cummins Gymnasium.

against Crispus Attucks to lift the Redskins to 70-68 victory in the semifinals of the city tourney at Tech. The Tigers went ahead by one point with eight seconds. McCauley had a team-high 24 points, with 6-8 sophomore Jalen Johnson adding 22 points and grabbing nine rebounds. (Manual lost to Cathedral 91-67 in the championship game Monday, in which McCauley scored 31 points and played the entire second half with four fouls.)

Manual won the city tourney in 1983 and 1998.

McCauley is eager for success with the Redskins. "My situation keeps me striving and pushing," he said in an interview before the tourney began. "I want to give back to my little brother, my sister and my mamma when I get older. She means everything to me. I've never had a father (died before he was born), so Mamma has been my father too. We have had struggles but she



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HARD WORKERS ON AND OFF THE COURT



SUBMITTED PHOTO

The University of Indianapolis' basketball team recently spent two hours unloading a semitrailer full of food at Midwest Food Bank.

The community service project is among those that coach Stan Gouard likes to see his players participate in.

Team members are (from left) Tate Hall, Demarre Sims, Jabree Bond-Flournoy, manager Jake Nerney, Roderick Davis, Eric Davidson, Miles Wayer, Jesse Kempson, Ajay Lawton, Micah Rosser, Alex Etherington, Jalen Manumaleuga and Keegan Northern. Not pictured: Jimmy King, Milos Cabarkapa, Gouard, associate head coach Paul Corsaro and assistant coaches George Hemmingsen and Bryson Davis-Johnson.

The scoop on UIndy and Marian hoops

By Fred Shonk
Southsider Voice correspondent

The men's basketball team from the University of Indianapolis is on fire, having won all seven of its games this year.

The Greyhounds (10-7, 7-2 Great Lakes Valley Conference) defeated St. Joseph's 98-75 at Bankers Life Fieldhouse Jan. 16, McKendree (Ill.) 88-70 and Illinois Springfield 70-67 last week. Roncalli's Jimmy King scored 14 against St. Joseph's and 18 in the McKendree game, hitting 4-of-4 from 3-point range and 4-of-4 from the free-throw line. King tallied 12 against Illinois Springfield while snaring five rebounds and dishing out five assists.

Next up is a couple of home dates: Bellarmine at 7:45 p.m. Thursday and Southern Indiana at 3:15 p.m. Saturday.

The lady Greyhounds (13-6-7-2) also won three games last week, defeating the same teams 83-44, 62-51 and 71-53.

always found a way."

Unlike Manual's golden decade of the 1960s, Redskins basketball is overlooked. However, the Redskins had lost only one game before the city tourney last week. They face Connersville at 5 p.m. Saturday in the Hoosier Hoops Classic at Bankers Life Fieldhouse.

Through Jan. 8, McCauley was the state's leading scorer, averaging 31.1 points per game, per MaxPreps.com, slightly ahead of junior Michael Robertson of Central Christian, 30.3 points, and well-publicized senior Cooper Neece of Cloverdale, 30.1 points.

Last year he averaged 27.2 points and was the state's No. 2 junior scorer and sixth overall.

"I've always been able to shoot the ball," McCauley said. "Coming from Manual, people overlook what happens here. We are 11-1, I'm averaging over 30, and we have a pretty good team. A lot of kids at other schools get more publicity when they score 20 points."

Coach Donnie Bowling contends that McCauley has proven himself against teams from larger high schools. He scored 34 points against 4A Fishers, a season-high 41 points against 3A Marion and 30 against 3A Northwest. The Redskins' schedule toughens Feb. 4 at North Central, Feb. 10 at Brownsburg and Feb. 18 at New Albany.

Manual has length on offense and defense with McCauley, Sembly (13.7 points, 6.5 rebounds, 6.3 assists), Johnson (11.1 points, 6.7 rebounds) and TJ Walden (13.9 points).

"This is a great group of guys; we have a bond," said McCauley of his teammates. "We treat each other as brothers. Our chemistry off the court is phenomenal, and we keep together on the court."

McCauley has received offers from Division I Iona as well as DII Chaminade, Kentucky State, Central State and Saginaw Valley. He's aiming higher by enrolling next year at Commonwealth Academy in Springfield Mass., where he wants to improve his standardized test scores and his game.

With complete confidence, McCauley said, "I don't want to settle for less. I feel like I am a D1 athlete. I want to play at the highest level."

Bowling explained, "He sees that he can really make it in D1. We think the academy will give him a different opportunity. He will be on a funded AAU team. Instead of being an unknown, he can be playing on a nationally top team."

McCauley and his teammates are looking forward to the second half of their season and to the state tournament.



Nicole Anderson, one of only two seniors on the team, scored in double figures in all three contests.

Marian's men's team lost to Mount Vernon Nazarene 78-69; Perry Meridian's Curtis Green scored 11 points, grabbed six rebounds and had two assists. In a 60-57 win over Goshen, Green tallied nine points and had four steals and four rebounds.

The Knights (11-11, 2-8 Crossroads Conference) will host Taylor at 3 p.m. Saturday.

The lady Knights (19-3, 9-1) defeated Mount Vernon Nazarene behind the play of Roncalli graduates Kellie Kirkhoff and Rachel Titzer, who scored 13 and seven points, respectively.

Marian also defeated Goshen 102-51; Kirkhoff had a team-high 23 points while Titzer added 11.

The team travels to St. Francis for a 7 p.m. game today before returning home to entertain Taylor at 1 p.m. Saturday.

UIndy senior named All-American

University of Indianapolis senior Natalie Lalich has been named to "Fastpitch News" NCAA Division II Preseason All-America second team.

Lalich put together one of the best seasons in UIndy history in 2016 with 14 home runs and 61 RBIs. She capped the year with a two-home run, three-RBI performance in the Great Lakes Valley Conference tournament championship game in May, leading the Hounds to their first conference title since 2012.

Lalich was voted the 2012 Indiana Miss Softball runner-up as a senior at Center Grove. A two-time member of the Indianapolis Star Super Team, she

led the Trojans to three Johnson County titles and the 2009 4A state championship.



Natalie Lalich

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Sports

Rebels, Trojans seek to repeat

By Al Stille Senior staff writer

Reigning sectional champions Roncalli and Center Grove open in defense of their titles Tuesday. Roncalli faces Southside rival Perry Meridian in the opener Tuesday in the 4A sectional at Ben Davis. Led by Indiana All-Star Lindsey Corsaro (UCLA), the Rebels reached the Richmond Semistate before bowing out last year.

Center Grove waits until Wednesday, Feb. 1 to face 4A sectional host Martinsville in a duel between the co-favorites in the Artesians' sectional. Franklin Central, Whiteland and Franklin could be considered dark horses in the highly competitive sectional at Martinsville. Beech Grove with its one-two scoring punch of Cameron Cardenas and Katie Giller, who combine for 41.8 points per game, square off against Danville at 6 p.m., Feb. 1 in a 3A sectional at Northwest.

Lutheran and Greenwood Christian Academy are in action Tuesday in a Class A sectional at Morristown. Several key regular season games remain before the 42nd state tourney begins. Perry Meridian and Southport are in contention for a share of the Conference Indiana championship with Columbus North.

Team-by-team outlook: At Ben Davis (4A)

Roncalli (15-8) - One of coach Stan Bengs's best efforts, taking an inexperienced team to 15 wins ... Benge led Ben Davis to four state crowns ... won inaugural Circle City Conference championship ... Top players: 5-5 senior Paige Saylor, 13.2 points, 5.7 assists; 5-9 junior sharpshooter Ellie Bischoff, 10.1 points, scored 24 points against Pike; and 5-6 junior Lauren Fey, 7.1 points ... Bischoff set Rebels' single-game record of nine 3s ... face Columbus North Thursday on Rebels' court ... square off against Perry Meridian in sectional opener Tuesday at 6 p.m., winner meets favored 4A No. 4 Pike Feb. 3, 6 p.m.

Perry Meridian (12-8) - Thrilling 54-53 win at Center Grove marked coach Mike Armstrong's 400th win, all with Falcons ... won six of last seven games with overtime loss at rival Southport Jan. 20 ... defeated Columbus North for first time since 2009 ... one-two punch with 6-0 junior Sadie Hill, 17.4 points, 7.2 rebounds, and soph guard Melody Johnson, 16.4 points, 7.8 rebounds ... 6-3 junior Caitie Baird adds 7.2 rebounds per game and total of 37 assists ... face Bloomington South Thursday for share of Conference Indiana title ... visit Cathedral Saturday ... rematch of season-opening loss to Roncalli in Ben Davis



SOUTHSIDER VOICE PHOTO BY NATHAN PACE

Roncalli center Sophie Daniel and the Rebels have a 4-1 record against the schools in their sectional.



Perry Meridian senior guard Brandi Martin and the Falcons have just one loss in Conference Indiana action.

Sectional opener Tuesday, 6 p.m.

Southport (12-6) - Cardinals first winning record in eight seasons under first-year coach Bart Collins ... put together midseason five-game win streak ... coming off emotional overtime win over rival Perry Meridian ... heart of team, 5-9 senior Emma Dehart, 15.2 points per game, 45 steals and 37 assists ... 6-2 senior Jaelencia Williams strong inside, 15.6 points, 9.1 rebounds ... 5-7 junior Savanna Edington scored team-high 13 points against Falcons ... finish season Thursday against Terre Haute South for share of Conference Indiana championship ... Cardinals face sectional host 4A No. 8 Ben Davis Tuesday, 7:30 p.m. At Martinsville (4A)

Greenwood (4-17) - Snapped 13-game losing skid Friday against Decatur Central 54-48 ... held Herron to only three points in classic mismatch Nov. 11 ... junior Leah Moore recovered from knee surgery, leads with 11.2 points and 5.6 rebounds per game ... only Woodman averaging double figures ... sophomores Alex Kincaid, 8.4 points and 4.4 rebounds, and Bailee Taft, team-high 38 assists ... plagued by poor shooting, 31 percent all season ... average only 40 points per game ... 1-5 against Martinsville sectional opponents, lone win against New Palestine Nov. 10; rematch in sectional opener Tuesday at 7 p.m.

Center Grove (13-7) - Win against Indian Creek in Johnson County tourney was coach Shawn Sanders' 100th ... ninth toughest schedule in state ... 3-5 since upsetting then-No. 4 Pike Dec. 17 ... 5-9 junior Cassidy Hardin leads with 13.3 points and 4.7 rebounds ... backed by seniors 5-8 Maddie Bitterling, 8.3 ppg, and 5-4 Allison Uterback, 7.8 ppg ... 5-6 sophomore Ella Thompson hitting 56 percent of 3s (19-of-34) ... 4-0 against sectional opponents, includes one-point win against Martinsville ... dropped last four games, two against 4A-ranked teams ... played at Greenwood Tuesday, travel to No. 1 Lawrence North Jan. 27 ... 4-0 against sectional opponents, including one-point win against sectional host Martinsville ... rematch against Artesians comes Feb. 1 at 7:30 p.m., in sectional.

Franklin Central (8-10) - Started season with 5-2 record ... two seniors pace Flashes, 5-4 Keyla Hines, 13.1 points per game, and 5-6 Lindsey Owens, 31 assists ... impact newcomer in 6-1 frosh Rachel Loobie, leads with 13.2 ppg and 8.2 rebounds ... seventh toughest slate in Indiana ... defeated Terre Haute South 49-35 Saturday ... close season at home Thursday against Westfield ... 3-2 against teams in Martinsville sectional, includes OT loss to the Artesians ... coach Brian Hacker and Flashes must wait to play in sectional Feb. 3, 6 p.m., against New Palestine-Greenwood winner. At Chatard (3A)

Manual (14-8) - Rampaging Redskins average 60.5 points per game ... won own tourney Saturday by combined 144-40 margin ... Trinitee Johnson enjoyed a 52-point Saturday ... she leads Manual with 18.6 points and 83 assists ... add up to three-way punch with seniors Lashelle Mitchell, 14.6 points and 12.0 rebounds, and Alexis Banning, 12.8 points and 6.9 rebounds ... upended Tech 87-83, Jan. 10 ... close season Wednesday against visiting Secunia ... second straight winning season under coach



Southport senior guard Emma DeHart has scored more than 1,000 points in her career and will finish in the top five in school history for points.

Jim Sturgeon ... Manual faces Attucks-Chatard winner Feb. 3, 6 p.m., in Chatard Sectional. At Northwest (3A)

Beech Grove (15-4) - Overlooked most of season ... opened season with nine straight wins under second-year coach Kristen Raker ... led by top junior duo in state: Katie Giller leads in points, 21.1, and rebounds, 9.9, and Cameron Cardenas, 20.7 points and 83 steals ... lots of help from classmate Mallory Storms, 7.2 points, 5.8 rebounds ... lost recent games against New Palestine and New Castle ... wrap up season Thursday at league foe Triton Central ... open 3A sectional Tuesday at 6 p.m. against host Danville in rematch ... Hornets downed Danville 68-55 Dec. 20. At Morristown (A)

Lutheran (9-10) - Riding three-game winning streak ... started season 1-6 ... improving Saints held Secunia to 10 second-half points Saturday in 55-35 win ... Rylee Morris and Darian Snyder combined for 35 points ... Morris averages 14.2 points, Snyder 11.2 points ... feisty Erin Pasch has 10.1 points, 5.1 rebounds ... close out Thursday against Morristown ... coach Joe Morgan's Saints a sectional dark horse ... open Morristown Sectional Tuesday, 7:30 p.m., against Arlington, winner meets Central Christian Feb. 3, 6 p.m.

Greenwood Christian (12-8) - Peaking at right time, winners of five of six of last games ... Cougars average 14 steals per game ... coach Alan Weems has balanced offense ... 6-0 junior Sarah Mangan averages double-double, 11.6 points, 10.4 rebounds ... help from 5-6 junior Gracie Peters, 8.7 points and 5.6 rebounds, and 5-9 frosh Alexis Mead, 9.5 points ... string of four games in eight days ... travel to Southwestern Friday and home against Central Christian Saturday ... then off to sectional against host Morristown Tuesday, 7:30 p.m.



Beech Grove junior Katie Giller has helped the Hornets to a 15-4 record.



Lutheran sophomore Rylee Morris will lead the Saints into the Morristown Sectional, where Greenwood Christian Academy will also compete. Lutheran defeated the Cougars 50-35 Jan. 4.

Autos for sale, see Page 5

Safeco Insurance advertisement for SUV, RV, and ATV insurance.

Ray Skillman GMC Buick GMC advertisement featuring various vehicles like the '14 GMC Sierra 1500, '15 Chevy Equinox, '16 Jeep Wrangler Sport, etc.

Ziebart Undercoating advertisement with image of a worker applying sealant and contact information for Jerry LeMasters.

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'13 Buick Lacrosse, \$18,988, heated leather seats, backup camera, FWD, excellent condition, Ray Skillman certified, low miles, 4917A, 317-888-9500.
'05 Buick LeSabre, 191K miles, full power, \$3,000 or best offer, 317-784-1797.
CHRYSLER
'15 Chrysler 200 LMTD, \$13,988, superb condition, great gas mileage, Bluetooth, keyless start, G9968, 317-888-9500.
'05 Chrysler 300C, \$11,990, heated leather seats, premium sound, chrome wheels, keyless entry, IP5038A, 317-888-9500.
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'14 Chevy Sonic, \$12,988, only 16K miles, FWD, excellent gas mileage, remote start, Ray Skillman certified, M9471A, 317-888-9500.
'14 Chevy Cruz, \$12,988, turbocharged, great mileage, FWD, must see, P4575A, 317-888-9500.
DODGE
'10 Dodge Journey, \$10,975, multi-CD changer, keyless entry, privacy glass, FWD, nonsmoker, T14484A, 317-888-9500.
'11 Dodge Avenger Mainstreet, \$11,990, FWD, superb condition, Ray Skillman certified, low miles, fuel efficient, nonsmoker, IP4948B, 317-888-9500.
'13 Dodge Avenger, \$12,988, sporty rear spoilers, keyless entry, CD player, fuel efficient, one owner, Ray Skillman certified, G147, 317-888-9500.
FORD
'10 Ford F-150 Lariat, \$19,975, supercab, 4WD, heated leather seats, trailer hitch, Bluetooth, one owner, T4267A, 317-888-9500.
'14 Ford Focus, \$11,988, excellent condition, Ray Skillman certified, Bluetooth, CD player, keyless entry, nonsmoker, one owner, M9464A, 317-888-9500.
'09 Ford Focus, \$7,975, FWD, very nice, heated leather seats, nonsmoker, one owner, K12044A, 317-888-9500.
GMC
'08 GMC Canyon crew cab, \$15,988, fuel efficient, superb condition, Ray Skillman certified, bucket seats, CD player, must see, 4999A, 317-888-9500.
'07 GMC Yukon, \$16,975, running boards, trailer hitch, extra clean, IG9868A, 317-888-9500.
'07 GMC Yukon Denali, \$16,988, AWD, heated leather seats, third row, DVD, sunroof, quad buckets, power liftgate, trailer hitch, remote start, extra clean, IG128A, 317-888-9500.

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For more information, or to apply for a position, visit our facility at: 606 West Troy Ave, Indianapolis. Hours: Mon.-Fri., 8am - 4pm.
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Immediate Training Opportunities - No Experience Necessary
DRIVERS START AT \$16.97 PER HOUR
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A good match candidate will be able to:
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* Must have a valid driver's license.
* Pass a drug test, including random testing.
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* Have good communication and time management skills.
All interested candidates are asked to fill out an application at our office, 59 N. Second Avenue, Beech Grove, 46107. No phone or online applications will be accepted.

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Starting pay \$12.00 per hr.
Due to excessive growth Envirosweep located in Beech Grove, IN is adding several positions for night shift drivers. The job will consist of driving to jobs in a company vehicle, performing hand work, operating the sweeper truck throughout the night. The shift begins at 9pm. Applicants must be drug free and have a clean driving record as well as a clean back ground with no felonies or theft related charges. Applicants must also be in good physical shape, be able to pass a DOT Physical. You must also work well on your own and have great attention to detail and problem solving skills. Serious inquiries only, 40-45 hrs. per week!
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Catering to home owners and real estate professionals. We specialize in hauling services, removing junk, cleaning up properties, demolition work, tree removal and lawn mowing.

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No job too small!
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Insured & Bonded
Free Estimates

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TRIMMING
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- Interior Hearth & Mantle Installation
- Masonry Waterproofing

Licensed • Bonded • Insured

Flower beds & Limestone

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Senior Discounts
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HAULING • BLADE SHARPENING LANDSCAPING

SNOW REMOVAL!

You can advertise your ad in this size ad for only **\$15.00** per week*
This price is based on the 4 week rate

Family Business Album 2017

"A special salute to family-owned businesses, which continue to thrive on the Southside"

Beck Service Center

6025 Madison Ave. • 317-787-5345 • www.beckservicecenter.com



Beck's staff (from left): Ben Stallings, Skip Tritch, Ray Stallings and Bill Amonett.

Founded in 1977, Beck Service Center has been providing auto repair services to the Southside and Greater Indianapolis area for more than 40 years.

Stepped in the tradition of honest repairs, customers will likely see the same familiar faces that they have grown accustomed to over the years. "With 35 service bays and 10 or more trained mechanics on duty, we can generally get you in a little quicker, complete the repairs in a timely fashion and get you back on the road with a minimum amount of downtime," the staff says.

Beck Service Center – big enough to do the job right, small enough to care.

Beck Service Center partnered with *The Southsider Voice* in hosting and being home to the Voice's Car Nutz cruise-ins, which start at 6 p.m. the first Friday of May, June, July, August and September.

Food, live music, camaraderie and door prizes are part of the festivities.

B. Davis Remodeling Co.

2123 Rosedale Drive • 317-781-0566 • www.bdavisremodeling.com
General remodeling contractors • Let us make your DREAMS a Reality

Serving central Indiana since 1982, B. Davis Remodeling offers an array of in-home remodeling services while specializing in room additions, bathrooms, kitchens and basements.

The company, also known for its quality roofing, siding, gutters and windows, uses many Energy Star products, which may qualify for tax and energy credits.

"We are not just a sign-and-build company," says owner Bill Davis, a 1982 Roncalli graduate. "We want you happy today, tomorrow and for the next 20 years. We listen ... and that makes all the difference," said the avid train collector.

His wife, Amy, is the company secretary and works at Office Depot. Bill, who takes pride in his long list of satisfied customers, is master craftsman-certified and a master shingle applicator from CertainTeed roofing, quality master-certified from CertainTeed siding and an Environmental Protection Agency lead-safe certified renovator. He has an A plus rating with the Indiana Better Business Bureau, is on Angle's List for stellar service, on Facebook and received a platinum rating for claims pages insurance negotiation. Visa, MasterCard, American Express and Discover are accepted.



The Davis family (from left): Amy, Jack, Bill and Daniel.

Direct Connect Printing & Digital Services

930 E. Hanna Ave. • 317-788-1242 • www.directconnectprinting.net
Hours: 8 a.m.-5 p.m. Monday through Friday

Direct Connect Printing & Digital Services, a full-service printing company, is locally owned and operated by Robin and Roger Heldman.

Services include offset and digital printing, color copying, large format printing (black and white and full color), graphic design, binding/finishing, promotional products and direct-to-garment printing. For more than 44 years we have taken great pride in offering our products and services to their Indianapolis and surrounding area customers.

With over 60 years of combined experience between the staff, Direct Connect Printing has the knowledge and know-how to help provide print solutions for your business. Roger and Robin said they believe it is the strong work ethic and dedication of the entire staff that have contributed to the company's success. Their goal is to be your one-stop shop for design, print and finishing services as well as promotional marketing products.

"We are proud to be lifelong residents of the Southside, and we take great pride in the fact that we live and work in the area we consider home," Roger said.

"We would like to thank all of our customers for their patronage in the past and look forward to being of service in 2017," the couple stated. "Next time you have a printing project or special event, please visit us at our store, our website or simply call ... we are ready and willing to be of service."



Direct Connect's friendly staff consists of (front, from left) Robin and Roger Heldman; (back) Caleb Babin and Lauren Kreutzer.

Annee & Matry Heating & Cooling

7631 S. Meridian St. • 317-784-2489 • 317-881-9184

The business was established in May 1981 by Joe Annee and Ted Matry at 2839 Shelby St. and moved to its current location in August 2004.

Joe Annee said he firmly believes in the philosophy of family-owned businesses, stating, "Being in business for ourselves, we can dictate our business practices. We provide a good service at a fair price."

"We're not the lowest; we're not the highest, but we're honest."



Family members at Annee & Matry include (from left) owner Joe Annee, daughter Angi Bartram and son-in-law Doug Bartram. Josephine Annee is not pictured.

Cleary Vacuum Cleaner Co.

3004 S. Meridian St. • 317-783-6185

Cleary Vacuum Cleaner Co. was established in September of 1973 by Paul "Bud" Cleary and Marlene Cleary.

Formerly located on Madison Avenue, it moved to 3004 S. Meridian St. in 1979.

Bud Cleary was inducted into the National Vacuum Industry Hall of Fame in January of 1995. He was honored because of his ethical business standards and commitment to customer service and is one of the original independent dealers in the nation to receive the honor.

Cleary Vacuum remains busy installing central vacuum systems in new and existing homes and businesses.

"We strive to treat people as we want to be treated. That's the value of a family-owned business," says Marlene.



The friendly staff at Cleary's are (from left) Carla, Mike, Marlene, Ian and Paul "Bud" Cleary, Vern Martindale, James, Leo and David Cleary.

Gotta Have It Courier

2027 Shelby St. • 317-783-4892



It's all family at Gotta Have It Courier (from left): Jean Schoettle, Sandy Wilson, Mike Schoettle and Jessica Schoettle.

Gotta Have It Courier, established in January 1998 and owned by Mike Schoettle, is celebrating its 19th anniversary.

"We make deliveries of all types, including medical, legal, mortgage, financial and engineering documents and printing and accounting parcels," says Mike, a lifelong Southsider. "Our services include rush/stat, standard and same-day."

Open 24/7, Gotta Have It Courier covers all of Indiana and other states and employs uniformed drivers who deliver in a professional, courteous manner.

Mike and his wife, Jean, recently celebrated their 50th wedding anniversary and have eight children and 20 grandchildren. Their children and grandchildren are always around, and some help with the business.

Wilson St.Pierre Funeral Service & Crematory

317-632-9431 • 317-881-2514 • 317-882-0771

Wilson St.Pierre Funeral Service & Crematory was established in 1897 by J.C. Wilson, whose family had been coffin makers since 1828. Michael and Paul St.Pierre, the fifth- and sixth-generation owners, respectively, grew up on the Southside. Michael's daughter, Michelle, is in charge of their cremation operations.

They serve families with locations in historical Fountain Square, Thompson Road at Arlington Avenue and the Cremation Society of Indiana.

The St.Pierres have been active in organizations such as Sertoma, Rotary International, chambers of commerce and all Masonic groups.

Wilson St.Pierre offers the Southside's most affordable prices and creative options for all budgets. In addition, personalized funeral and memorial services are provided by an experienced staff within first-class facilities.

The St.Pierres are proud to provide the finest facilities on the Southside, which include a recently renovated Greenwood Chapel and a remodel of the Franklin Township facility. The facilities are the most up-to-date funeral homes with recent technology upgrades.

The Greenwood Chapel features the Walker Cottage Event Center for funeral meals or receptions for other occasions.



Paul St.Pierre and Michael St.Pierre.

Steve's Towing Inc.

4300 S. Meridian St., Suite B • 317-783-0372

Steve Catlett, a 1972 graduate of Manual, has owned Steve's Towing since 1989. He was introduced to the business by working at a gas station right out of high school. Steve started out as a mechanic and developed into a fine one before getting behind the wheel of a tow truck.

David Berry, Travis Matthews, Steven Catlett and Steven Smilko are the drivers, and there is Dillon Mathes, a part-time trainee, Steve said he is proud of all of them, adding that their professionalism is outstanding. His grandchildren, Alison, Emilee, Brooklynn and Dennis, are also active in the business, and he's added great-granddaughter Olyvia Hope Mathes.

Steve works with insurance companies, body shops and the public and has been a member of the Indiana Towing and Wrecker Association since 1994. He also buys junk cars and trucks.

"Without my dedicated and hard-working employees, my business would not be able to thrive."



Steve and Malinda Catlett.



S I N C E 1 9 2 6

G.H.HERRMANN

Funeral Homes



Not only the oldest, but the only family owned funeral home and cemetery on the Southside.

The Gardens

at Olive Branch
Cemetery and Mausoleum Park



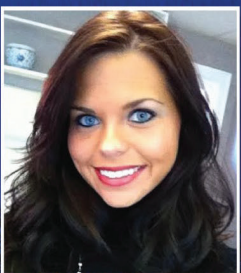
General manager
of The Gardens
April Williams



Planning ahead will also relieve your family from the burden of unexpected expenses during an already difficult and emotional time.

We never plan to fail, but we often fail to plan.

Jeff Herrmann



Memorial specialist
Rikki Atwood



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PRE-PLANNING

Call today for information
about funeral pre-planning

LOWEST PRICES GUARANTEED OVER
ANY OTHER COMPARABLE FIRM

S I N C E 1 9 2 6

G.H.HERRMANN

1605 S. S.R. 135, Greenwood *Funeral Homes*



www.ghherrmann.com
thegardens@ghherrmann.com

Ask for any Cemetery
Counselor for information **317.787.7211**

Family Business Album 2017

Mike Heibel Auction Service

59 N. Second Ave., Beech Grove • 317-783-9627 • www.heimelauctions.com

We invite you to our every THURSDAY NIGHT AUCTION Starting at 6:30 p.m.

Mike Heibel and his family have proudly served the Southside of Indy since 1977.

"Being in a family business has enriched our lives," says Mike, "and having family members and employees that are like family make it work!"

"Over the years we have had the pleasure of helping other families transition from larger homes to smaller quarters as well as having sold their families' estates. We pride ourselves in providing personal service, giving attention to each auction as though it was for our family. We would be glad to put our family to work for yours."



The Heibel team includes (from left) Mike and Leslie Heibel (holding Maggie), Jennifer Leak Davis, Dennis Ellis and Jeff Leak.



Call Mike for a no-obligation auction consultation. Visit us at www.heimelauctions.com for more information and to view upcoming events. Like us on Facebook for the latest updates.



Heidenreich Greenhouses

502 E. National Ave. • 317-786-1528

Boasting a full and fine line of bedding flowers and vegetable plants, Heidenreich Greenhouses – a fifth-generation grower – has been a mainstay on the Southside since 1956.

Owner Bill Heidenreich Jr. said they also carry seeds, perennials, hanging baskets, geraniums and other beautiful flowers.

"We are planning to open during the first week of April," he said. "Why not stop by to see our fine selection. Locally grown plants always do better, and we offer quality plants."



The friendly staff includes (from left) Rosemary Logan, Bill Heidenreich Jr., wife Sherry, Shawn Settles, Dave Frazier and Bill Heidenreich Sr.

Kennedy Tank & Manufacturing Co.

833 E. Sumner Ave. • 317-787-1311 • www.kennedytank.com

Kennedy Tank & Manufacturing Co. was founded in 1898 by Patrick W. Kennedy, an expert boilermaker who repaired boilers and fabricated steel products. In about 1915 his son, William, joined the company and guided the manufacturing side of the business toward gasoline tanks for filling stations. He opened a plant in Owensboro, Ky.

His son, William Jr., joined the family-owned firm in the mid-1940s and steered the company toward designing and building complex storage tanks and pressure vessels. The 1960s brought the addition of expanded services with the erection of large field tanks at work sites. The 1960s and '70s saw an expansion of the repair business to include high-powered utility boilers. This focus continues today as Kennedy Tank provides 24/7 full-service boiler and mechanical maintenance for Midwestern utility and power plants. The 1970s also brought more fabrication diversity as tanks were produced from various alloys.

Patrick W. Kennedy joined the business in 1978 and in 1993 became the fourth-generation family member to lead the company, a role he continues to fill. The mid-1980s brought the addition of designing and fabricating heat exchangers for industrial applications. Kennedy Tank has expanded its capacities over the past 20 years, and steel fabrications of more than 200 feet in length and weighing as much as 400,000 pounds have been built at this facility.

One of Kennedy Tank's unique assets is its diversity of products and services. From standard tanks to specially fabricated storage and process tanks to pressure vessels and huge columns that may stand 200-plus feet tall and weigh more than 200,000 pounds, Kennedy Tank has the answers to "big" problems.



The Kennedy Tank crew

Beach Automotive

5823 S. Harding St. • 317-879-5840

Jody Beach, a proud veteran, and wife Susan started Beach Automotive in 2007.

He began his official automotive maintenance and repair training while serving in the Army, where he graduated with honors. Jody has continued his training, earning and maintaining his status as an ASE (Automotive Service Excellence) master certified technician. He served as an automotive tech and service manager at a Southside repair shop for many years before venturing out on his own.

With those credentials and Susan's experience in human resources and management, the Beaches had a solid foundation on which to launch their business, one that offers an array of services for residential and fleet customers who have up to 1-ton trucks or vans.

Beach Automotive specializes in the repair of brakes, clutches, engines and cooling, fuel and heating systems, alternator installation, shocks and struts, general maintenance and repair, oil changes and lube and drivability diagnostics.

The couple attributes their success to hard work and staying true to their values. Team member Tyler Owens shares those same values.

"We make a great team," Susan said. "We are thankful for the opportunity to serve the businesses and families in our community. We live in the community, and we value our longtime customers and their referrals. We know our customers depend on their transportation, and they depend on Beach Automotive to keep their transportation moving."



Owner Jody Beach (left) and Tyler Owens. Not pictured, Susan Beach.

Carter's My Plumber LLC

886 N. State Road 135, Suite A, Greenwood • 317-859-9999
www.cartersmyplumber.com • info@cartersmyplumber.com

Bob Carter started plumbing when he was a youngster and opened his own business in 1969. He worked for several builders doing new construction work.

His son, Jamie, grew up watching his father do plumbing and decided it was a good fit for himself. He started to work with his dad while still in high school and later made it his full-time career.

Together they incorporated Carter Plumbing, and Jamie pursued his passion in the service sector of the business.

As tradition has it, grandson Kelson grew up watching his dad and grandpa in the business. Upon completing high school he decided to give plumbing a try.

So, from grandpa to dad to son, the plumbing tradition has turned into a Carter legacy three generations old.

There is one thing for sure about all three Carters, they are particular about their workmanship.



Bob (from left), Kelson and Jamie Carter.

Guerreros Mexican Restaurant

5905 Madison Ave., Suite A • 317-786-0972



Sergio, Eduardo and Liliana Roman and Jose Romero,

Guerreros Mexican Restaurant was opened by Sergio and Eduardo in 2014. Whether it's a quick lunch, an after-work drink, a casual dinner with the family or a large order to go, Guerreros is your home for the best Mexican food in Greater Indianapolis.

Everything is prepared daily with fresh, healthy, high-quality ingredients, and that top-of-the-line food is enhanced further with reliable, professional service.

The eatery features a family-friendly experience and a \$1 taco night every Thursday.

Starks Plumbing Service

317-501-7314 • 317-767-7512
e-mail: plumbob@comcast.net

Starks Plumbing Service was founded in 1954 by Steve and Bob Starks' grandfather, Wayne Starks, and his father, Robert L. Starks. Steve and Bob, who now run the business, were born and raised on the Southside, where they attended St. Mark Grade School and Perry Meridian High.

Their forte is residential installation and repair work. Services include installing water heaters and softeners, garbage disposals, sinks, faucets, toilets, etc.

"We strive to treat our customers with respect," said Steve and Bob. "When we finish a job, we want to leave a positive impression on our client. We install the same brands and quality products that we have in our homes and stand behind our workmanship long after the standard one-year period."

"We feel fortunate to be in a trade that we enjoy and find rewarding. We would like to thank all of our customers who have given us a try in the past and look forward to helping future customers with their plumbing needs."



Bob (left) and Steve Starks.

Auntie Leila's Pet Salon and Barkery

50 N. Madison Ave., Greenwood • 317-888-6266

Auntie Leila's Pet Salon & Barkery was founded in 2000 by Leila Renollie, who now resides in Florida. Tim Spradlin assumed ownership in 2010.

Nestled in Old Town Greenwood, the salon and barkery is housed in a two-story, turn-of-the-century Victorian home, where a nonsmoking, homey environment awaits "guests."

Tim and his staff of five pet stylists have more than 60 years of professional pet care experience. They are devoted to the care and well-being of the pets they handle, and their "clients" are treated like they were their own pets.

Because of its distinct touch with dogs and cats, the salon has been on the Indy A-List for five years, which is why customers say Auntie Leila's is the premier place to have your pets pampered.

In addition to top-notch grooming services, dog and cat food and treats are available.

They have a big assortment of organic and all-natural treats! Stop by and check out our Betty Pooch collars and leashes.

"Stop by Auntie Leila's today to see what your furry friends have been missing," says Tim.



The friendly staff at the salon include (front, from left) Robin Moore and her dog AJ and owner Tim Spradlin and his dog Charlotte; (back) Nikki Morrison and client dog Henry, Beth and client dog Zeke and Phyllis Durham and client dog Acorn.

Eckstein Shoes and Repairs

620 Main St., Beech Grove • 317-786-7086

www.ecksteinshoestoreandrepair.com

Hours: 9 a.m.-6 p.m. Tuesday through Friday, 9 a.m.-4 p.m.. Saturday

In its 94-year history on Main Street, Eckstein Shoe Store continues to maintain the customer service from long ago. As the third owners of this community icon, Jim Coffman and his sisters, Mary Coffman and Diane Spotts, provide in their family-owned and operated business what you and your family most deserve:

- When you enter the shop, you are greeted by their friendly faces.
- They take the time to accurately measure every customer foot so the shoes you choose fit well and comfortably.
- You will find a large selection of top brands, such as SAS, Dunham, New Balance, Danner and Cobb Hill. Many styles are also American-made.
- They cater to hard-to-fit customers. If your foot is slim or narrow, medium or perhaps you need wide-width size choices, your footwear headaches are over when you shop at Eckstein.
- Bring damaged purses, belts, bags, zippers and orthopedic work to the in-house, full-service repair area.



The friendly staff at Eckstein consists of Mary Coffman (left), Jim Coffman and Diane Spotts.

We thank you for the opportunity to serve our community and we appreciate your business!

Strohm Automotive Inc.

5824 S. Harding St., Suite C • 317-787-0822

www.strohmautomotive.com

Strohm Automotive was established in August 1990 by Carl Strohm, who states: "Owning our business has been challenging and rewarding."

"In our efforts to build and maintain a satisfied clientele, we have become a better team."

"Integrity and hard work are where we put our greatest effort."



From left: Justin, Carl, Jeanette and Josh Strohm.

Trust us for your automotive needs



Martin Fine Furniture

5420 S. East St. • 317-787-8659 • www.martinfinefurnitureonline.com

Family-owned and operated for 163 years, Martin Fine Furniture is the oldest furniture store in Indiana, having been founded in 1854.

Now managed by fourth-generation family members John McDermott and Suzanne Sherman, the shop offers an array of furniture, including sofas, bedroom and dining room sets, recliners, mattresses and accessories.

By keeping up with the prevailing trends in home furnishings, John and Suzanne have no trouble catering to the tastes and needs of their multigenerational clients.

Delivery and setup service is available, as is assistance with financing and decorating.



John McDermott and Suzanne Sherman in their showroom.

Cardinal Insurance

6825 Madison Ave. • 317-786-9236 • www.cardinalinsurance.com

Serving families and businesses since 1955

Founded by the late Kenneth G. Wheeler in 1955, Cardinal Insurance is an independent insurance agency that represents more than one insurance company and solution. Ken's oldest son, Kevin, came on board in 1986 and purchased the agency in 1994 to continue the family business. Kevin's wife, Sheri, also is involved and has handled the bookkeeping since 1993.

Kevin received his certified insurance counselor designation in 1992 and is active in the industry, participating on various boards, committees and conducting seminars locally and nationally. He volunteers in the community through the Perry Township Kiwanis Club, the Greater Southside Business Alliance, his church and youth sports programs.

The Professional Insurance Agents of Indiana named him Agent of the Year in 1996. In 1999 he served as national president of the AMS Users Group. Earlier this year he was elected president of the Indiana PIA. In 2013 the agency was one of only seven in Indiana to receive a prestigious Best Practices Award from the Independent Insurance Agents Brokers Association.

Kevin credits the success of Cardinal Insurance to his experienced team of licensed agents and employees. "These dedicated people are knowledgeable and skilled at insurance and are committed to ongoing education and certification of high professional standards," he said.

We have now received the Best Practice Award - three years in a row. Agency featured on the cover of Rough Notes magazine.

For instant auto quotes 24 hours a day, go to www.cardinalinsurance.com



Seated are (from left) Kristi Wood, Kevin Wheeler and Tin Zi. Standing are Ed Beck, Sheri Wheeler, Gino Puccinelli and Drew Calvert.

Sleepy Hollow Pet Ranch

147 W. Tri Sab Lane (one block west of 3100 S. Meridian St.) • 317-787-8040

Owners Don (Southport High School grad) and Teresa Black have served the Southside for 31 years. Their kennel offers boarding for dogs, cats, birds and other small animals. Dogs are offered indoor-outdoor runs with heated floors inside, nature walks, cuddle times and a doggy treadmill. Cats are offered roomy kitty condos with lots of windows for nature viewing. Yummy treats are available for all guests.

Sleepy Hollow received the 2016 Angie's List Super Service Award for excellence in pet boarding. The Blacks express their heartfelt gratitude to their staff, headed by operations manager Melissa Hettinger.

"Every staff member recognizes that each pet has a unique personality and needs," the Blacks said. "Our employees love getting to know our guests so they have enjoyable stays. Years of training, along with daily report cards, enables the staff to monitor guests closely, paying attention to important details."

Specialty services include cat and rabbit grooming by Emily Morning (owners' daughter), who is a certified feline master groomer. The kennel also offers hand stripping and dog grooming by Rebecca Breheim. There is skin and coat therapy that utilizes IV San Bernard therapeutic shampoos, conditioners and nourishing oils. The therapy treats dry skin, hot spots, localized hair loss and excessive shedding. For severe skin issues, the groomers work closely with the pets' veterinarians, using their diagnosis to develop a regime to restore a healthy skin and vibrant coat. Everyone agrees they have seen some amazing results. They are excited to care for pets in this manner.

Ryan Black, (owners' son), is the lead customer service representative; he invites you to meet him, the staff and to take a tour. He would love for your four-legged family members to become a part of the Sleepy Hollow family. Visit www.sleepyhollowpetranch.com for more information.



The staff includes (kneeling, from left) Kaitlyn Kendrick, Rebecca Breheim; (standing), Ryan, Teresa and Don Black, Justine Henderson, Melissa Hettinger and Jamie Fleener. Not pictured: Emily Morning.

VisionMasters

317-888-9755

State Road 135 and Fairview Road (Next to Kroger)

www.visionmasters.ws

Locally owned and operated since 1989, VisionMasters is one of the few independent optical businesses with a full-service lab where glasses can be custom crafted to the prescription provided by your eye doctor.

The shop, which specializes in no-line bifocals, offers same-day service and more than 900 frames to choose from. Prescription sunglasses, sport goggles, and safety glasses are also available. The opticians can also custom make clip-on sunglasses for your frame.

Dr. Michael T. Johnson provides eye exams and will take care of your eye health needs. The certified opticians and staff are on hand to help with eyewear fashion and fit.

We accept Eyemed for Indiana University Health employees.

Customers are welcome to bring in their eye doctor's prescription to be filled.



We accept these insurance plans: Eyemed, Local 20, Local 22, Local 440, Local 481, VSP (out of network), Aetna, Anthem and others



Ready to meet the public's eye care needs are (from left) Amy Terek, lab technician; Jay Thompson, owner and vice president; Vanessa Terek; Dr. Michael Johnson; and Dan Federspill, owner and president.

Nine West, Nautica, Ray Ban, Juicy Couture, Banana Republic, Saks Fifth Avenue, Dolce & Gabbana, Jessica McClintock and Nike

Fred & Sons' Hauling & Tree Removal Service

317-626-5973 • www.fredandsons.com



Molly, Joe, Don and Ryan Burns.

Fred & Sons' Hauling & Tree Removal Service was launched in 2002. Owner Don Burns is a lifelong Southsider who enjoys servicing metro Indianapolis, has four crews available for the smallest or biggest jobs.

The business, which caters to home owners and real estate professionals, specializes in hauling services, removing junk, cleaning up properties, demolition work, tree removal and lawn mowing.

In celebrating "Family Business Album 2017," Don is offering 10 percent off all tree removal services through April 1.

The firm won the Super Service Award from Angie's List the past nine years and is a proud member of ITEX, a nationwide barter network.

"We provide quality service at an affordable price." - Don Burns



Glamour Pets Grooming Salon

5201 Madison Ave. • 317-787-3003 • Cell: 317-409-4224

Glamour Pets Grooming Salon is owned by Gary and Kathy Bunch, who celebrated their 21st year in business last April.

The couple have been married for 29 years and launched their business behind Long's Bakery in 1994, before moving to their present site at 5201 Madison Ave.

Complete grooming services are offered, including a bath and nails or nails only. If you drop your dog off here, it will be treated to a special spa day, Gary and Kathy said.

Once a dog has been groomed, it's not put in a cage. Instead it's leashed to its private sofa. And all dogs get bandanas with matching bows.

The salon is open until 7 p.m. to accommodate dog owners who work late.



Owners Gary and Kathy Bunch with their dog, Coco.

E.M. Company Inc.

2221 E. Southport Road • 317-783-3291 • www.em-company.com

E.M. Company Inc. was founded in 1969 with a goal to assemble a team of hard-working and highly qualified individuals who focus on unparalleled excellence in customer service was 24/7. These attributes have led to the company's solid reputation in electrical/mechanical construction and service.

"To truly have a team atmosphere," says CEO Gregory Schaub, "we know we have to treat all employees with the utmost respect. That is why we refer to co-workers as our 'work family.' We know we can be leaders on projects and have a collaborative approach with owners, developers, architects, engineers and other construction trades.

"Our leadership philosophy is that everyone's role is interdependent with one another... whether a person's role is engineer, project manager or installing technician. While gross earnings are the bottom line for any company, we have one overall goal that drives our company: E.M. Company exists to build greatness as a work family. We are focused on building customers and employees for life."

E.M., whose 55-plus employees have more than 610 years of experience, was named Vendor of the Year by Kroger in 2011.

E.M. boasts commercial and industrial experts in heating, ventilation, air conditioning, refrigeration, low-temperature and process refrigeration, building and temperature controls, electrical, voice/data systems, fire alarms, building and site lighting and bucket truck (50 feet) services. "We have an in-house LEED accredited professional to facilitate energy-efficient and environmentally sustainable solutions," said Gregory. "We are proud to offer professional design-build services with stamped electrical and mechanical plans."



The E.M. family includes (front, from left) CEO Greg Schaub, Joseph Schaub, George Schaub, Secretary/Treasurer Peggy Schaub. Back, (from left) Vice President Patrick Schaub, holding Lillie Schaub, Brittanie Schaub, President Paul Schaub, Maria and Barry Dowers. Not pictured Jeff Dale.

Family Business Album 2017

Stress can have a powerful impact on children's health

Dr. Sarah Stelzner
Pediatrician at Eskenazi Health



Dr. Sarah Stelzner

Stress can greatly impact our children's health. When we think of the health needs of our children we often just think of the physical aspects of health. How serious is that cough? Is her hearing and eyesight normal? Does he feel hot?

Important evidence now suggests that the mental health of a child is as equally or in some cases more important and can more greatly impact a child's physical health. The American Academy of Pediatrics and others are calling for more effective and aggressive intervention for children in distress.

A term has been coined called "toxic stress," the response when a child experiences strong, frequent and prolonged adversity. This may include physical or emotional abuse, chronic neglect, caregiver substance abuse or mental illness, exposure to violence, and the accumulated burdens of family economic hardship that is coupled with inadequate adult support.

To put it simply, it is how the body responds to these events and not the stressful event itself. Health and policy leaders have begun to examine ways to address this growing problem. The academy has launched the Center on Healthy, Resilient Children to help pediatricians and others identify toxic stress in children and connect them with appropriate resources.

Research suggests that providing high-quality early childhood education and care is important. Support for parents is also critical as in many of these cases the parents experienced the same stressors in their childhoods.

So what can be done? First, it is important that parents do not ignore their mental health. If parents are stressed, it is likely that their children are stressed as well. To first help your children, you need to help yourself. Second, having a strong support system is important.

So the next time you visit your child's pediatrician, talk about your child's mental health. Check and see if there are any resources that might be beneficial for your family. In addition, if you have not seen a doctor recently, schedule an appointment. Your overall health greatly impacts your child's health.

For additional information on this topic, visit healthychildren.org. If you are in need of a pediatrician or a primary care physician call 317-880-8687 or visit www.eskenazihealth.edu/doctors.

Lawrie CPA Group

7855 S. Emerson Ave., Suite A • 317-886-7456 • www.lawriecpagroup.com



Judd Lawrie started out at one of the Big 6 accounting firms but quickly realized that he wanted to develop his own firm so he could embrace the culture that is so important to him – approachable yet professional.

Lawrie CPA Group has grown annually, and it moved a few years ago to better serve a growing clientele base. Over the past few years its has welcomed new clients from two other firms.

Judd, a Roncalli alumnus, and his wife, Wendy, graduated from Manchester University.

The younger Lawrie children attend St. Jude and Roncalli. Emma, attends Indiana University and Anna Marie attends Manchester University.



The Lawrie family includes (front, from left), Xavier and Judson; (middle) Wendy, Anna Marie and Grace; (back) Emma and Judd.

ASAP Payroll Service

8130 S. Meridian St., Suite 4C • 317-887-2727
www.asappayroll.com

ASAP Payroll Service was established in November 1989 by Tom Masengale to help a good family friend with his payroll.

"When you become one of our clients, you become a member of our 'family,'" said Tom. "We strive to be a name and a face to our clients, not just a voice and a number. And we promise to find not only the payroll but the benefits and employee solutions that satisfy your needs."

Due to growth of the business, Tom's son Kyle helps with payroll processing and sales.



Kyle and Tom Masengale

Indy Shades Inc.

360 Market Plaza, Greenwood • 317-888-2334 • www.indyshadesinc.com

Established 24 years ago by Steve Cambridge, Indy Shades specializes in the sale of Hunter-Douglas and Lafayette Interior Fashions blinds.

Indy Shades is known for its expertise in ultrasonic blind cleaning. Prices vary by size and style, but Steve stresses that he is very affordable.

The business services all of central Indiana and can accommodate quick turnaround times while stressing customer service is its No. 1 priority.



Indy Shades staff includes Michael Oliver, owner Steve Cambridge and Brandon Gutzwiller.



Call today about our upcoming **SPRING SPECIAL!**

The Southsider Voice

6025 Madison Ave., Suite B • 317-781-0023 • www.southsidervoice.com

The Southsider Voice, owned by Kelly Sawyers, has a weekly circulation of 20,000 and covers the Southside from Downtown to Stones Crossing in Center Grove, west to State Road 37 and east to Emerson Avenue. The Voice is an excellent conduit for news, opinions and features.

SouthsiderVoice.com has a large audience as well, and many of our weekly stories and columns are shared via Facebook by online editor Nathan Pace.

"Our coverage of sports, education and community news and events provides a good read, which is why so many people look forward to our publication," said Kelly.

"I'm blessed to have such an awesome staff that helps create the magic every week."

The Voice also has a public relations division to assist clients with marketing, press releases and resumes.

Publisher Kelly Sawyers, with help from sponsors, hosts cruise-ins on the first Fridays of May through October. The evenings feature family fun, free food, camaraderie and entertainment.



The Southsider Voice's staff includes (front, seated) Fred Shonk and Stuart, columnists; (middle) Kelly Sawyers, owner and publisher; Barbie Overbeck, customer service rep; Sherri Coner, managing editor; (back) Brett Sawyers, office manager; Nathan Pace, online editor; and B. Scott Mohr, editor. Not pictured are Al Stille, Denise Summers, Brett Hickman, Bill Thorpe, Robin and Robert Graves.

here for you

ESKENAZI HEALTH

317.880.0000 | www.EskenaziHealth.edu



Southsiders' Bulletin Board



School Will Host Open House, Registration

Southport Presbyterian Christian School, 7525 McFarland Blvd., will hold an open house for prospective kindergartners at 6 p.m. Thursday, Feb. 2. Registration for 2-year-olds through fifth-graders begins at 8 a.m. Tuesday, Feb. 7, with an open house at 6 p.m. that evening. Info or to schedule a tour: myspcs.org or 317-534-2929.

Prime Rib Dinner and Dance

Greenwood Veterans of Foreign Wars Post 5864, 333 S. Washington St., will host a valentine's dinner and dance Friday, Feb. 10. Dinner, featuring prime rib, a baked potato, green beans, a salad and a roll, will be served at 6 p.m., with musical entertainment by The Luke Carol Project Beginning at 8 p.m. The cost is \$20 person, and there will be 50-50 drawings and door prizes. Tickets are available at the post after 2 p.m. Monday-Saturday. Info: 888-2488.

Homecoming Basketball Games at Manual

Manual High School will host its homecoming basketball games Friday, with the junior varsity and varsity teams facing Howe at 6 and 7:30 p.m., respectively. Alumni members will be treated to free admission and food. Info: 317-250-6651.

Church Serves Free Lunches

University Heights United Methodist Church, 4002 Otterbein Ave., adjacent to the University of Indianapolis, will serve free lunches from 11:30 a.m.-12:30 p.m. Saturday.

Free Meals, Clothing and Hygiene Items

Free hot meals, clothing and hygiene items will be available from noon-2 p.m. Saturday at Calvary United Methodist Church, 725 S. State St.

Board of Education Meetings, Work Sessions

The Perry Township Board of Education meets at 6:30 p.m. the second Monday of each month (except for the first Monday in October) at the Perry Township Education Center, 6548 Orinoco Ave. Public work sessions are held at 6 p.m. the fourth Monday of each month (except for March, May, July and December).

Toastmasters Meet

The Vineyard Toastmasters Club meets from 7 p.m. every Monday at the Perry Township Government Center, 4925 Shelby St., where members can gain confidence and leadership skills by improving their communication and listening techniques. Visitors are welcome. Info: email marlina.schmid@gmail.com.

Feedback Wanted on Land Use

The Department of Metropolitan Development is updating the Marion County Land Use Plan and is seeking public feedback through a series of community listening sessions, which are listed at www.plan2020.com/landuse. The plan is required by state statute as a basis for zoning. It will provide guidance to those interested in developing in Indianapolis by recommending how land should be used throughout the county.

Leadership Forums

Applications for the Leadership Johnson County Class of 2018 are being accepted through March 15. The program offers one-day forums designed to train and strengthen leaders. Info: www.leadershipjohnsoncounty.org or call 317-738-8094.

Music Collectors Show and Sale

Featuring out-of-print and hard-to-find records, compact discs, DVDs, tapes, etc., a music show and sale will be held from 10 a.m.-3 p.m. Sunday at La Quinta Inn & Suites, 5120 Victory Drive, just east of I-465 and Emerson Avenue. The public is welcome to bring music-related items to sell to dealers. Admission is \$4 for those 12 and older. Info or booth space: Gerald Ruark at 317-882-3378.

Singing Valentines Available

The Chordlighter Barbershop Chorus will deliver singing valentine greetings Monday and Tuesday, Feb. 13 and 14. Packages include a rose(s), a special card, a box of candy and a photo. In addition, greetings may be ordered for delivery within the continental United States and Canada via the telephone between 6 and 8 p.m. Monday, Feb. 13. Info: 317-888-6709, 812-372-8963 or www.chordlighters.org/.

Bulletin Boards are \$10 per posting, or free with the purchase of advertising. To place a listing or for more information, call 317-781-0023 or email Scott.Mohr@southsidervoice.com.